



# Shared Housing

## Alternative to Admission

We provide emergency accommodation as an alternative to a person being admitted to hospital.



We have a range of projects in Ipswich as well as Stowmarket and Sudbury. As part of this, we are able to provide a respite service or a service where people are supported in order to prevent a hospital admission.

The projects provide accommodation and support in a shared environment.

All have private bedrooms with a communal living space, kitchen and bathroom (some have en-suite facilities). Furniture and equipment are provided. All locations are near community facilities and amenities with good links to public transport.

[www.mavam.co.uk](http://www.mavam.co.uk)

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### Respite

A period of planned respite can be provided for a period of up to two weeks at any one time. This can enable a carer to have a break or attend planned appointments such as for medical treatment. In addition, users of the service may benefit from a break from their usual environment especially during times of known stress. This can help prevent a deterioration in mental health.

### Referrals

Referrals can be made via a Care Coordinator, Social Worker, C.P.N or similar using a statutory Care Plan and Risk Assessment.

### All projects:

- are staffed 24 hours a day with a member of staff sleeping in at night
- have a senior member of staff on-call out of hours
- have fully trained and experienced staff
- can provide a waking night service if needed



To arrange a visit or for further information;

Freephone: **0800 133 7355**

Telephone: **01473 487373**

### Mavam Supported Housing

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